

Idaho Rush offers a number of supplemental programs to the players in the Select program. These programs are designed for players to build upon the skills they learn during team training. None of the additional opportunities conflict directly with team training or games.

SELECT ACADEMY

Under the guidance of the Academy director, Select coaches and players take part in age-specific training sessions designed for player development. Select coaches are encouraged to join and participate in Academy sessions as a means of gaining experience and learning new ideas and methods of coaching. Select players participate in the Academy sessions as a means of fulfilling a weekly practice as a team or participate individually to get extra training. Players also strengthen life skills by learning to play along side other players from within the Select program and work with different coaches and players. There is no additional cost for the seasonal Select Academy during the season.

Details for Spring 2015 season:

Dates: Friday, March 6th; and Friday March 20th, and Friday April 3rd and Friday April 17th.

Times: All sessions run 6-7:30 p.m.

Location: [Lewis and Clark Middle School](#), 4141 E Pine Ave, Meridian, ID

Cost: The cost of the Select Academy is included with the player's registration in the Select program.

Staff: Staff coaches for Select Academy include:

Academy directors Steve Frederick (Boys) and Olly Frick (Girls).

Rush competitive coaching staff.

Jens Haustein, Idaho Rush Technical Director.

Carlos Correa, Idaho Rush Associate Technical Director.

Lee Riley, Idaho Rush CEO.

SELECT COACH EDUCATION

Rush staff will be holding a coaching education series.

Details for Spring 2015 season:

- **Dates:** Friday March 6th and Friday March 20th, Friday April 3rd and Friday April 17th
- **Times:** All sessions run 6-7:30 p.m.
- **Location:** [Lewis and Clark Middle School](#), 4141 E Pine Ave, Meridian, ID
- **Cost:** The coach education series is free to coaches in the Select program.
- **Staff:** The coach education series is led by Kim Holloway.

U9 AND U10 ALL-STAR GAMES

Outstanding boys and girls in the U9 and U10 age groups will be selected to play in the post-season all-star games. Players will be selected by their team coaches and formally invited by the director of the Select Academy. The All-Star games are a way for individual players to be rewarded for their efforts during the season outside of their team's performance, and competitive staff will be evaluating players for selection for future competitive teams.

Details for the Spring 2015 All-Star games:

Date: Saturday., May 20th or 27th 2015.

Times:

U9/U10 girls: 5:45pm.

U9/U10 boys: 5:45pm.

Location: Optimist

- **Staff:** Teams will be coached by the director of the Select Academy with support from other staff coaches.

RUSH ELITE ACADEMY

The Rush Elite Academy is for players who have the ability and desire to eventually play at the competitive level. The Elite Academy will develop a special group of players and give them the tools to play at their highest level. The Elite Academy is by invitation only. Selected players will receive an invitation letter in the mail. Registration instructions will be included.

Details for the 2015 Elite Academy

- **Dates:** Begins in January and runs through May.
 - **Events:**
 - Bi-weekly indoor training, January through March.
 - Weekly futsal league games, January through February.
 - Outdoor training, March through May.
 - Idaho Rush Spring Exchange, March 27th-29th.
 - IYSA Director's Cup, May 15th-17th
 - **Location:** Varies, but primarily [Boys & Girls Club](#) for indoor events and outdoor practice TBD
 - **Cost:** \$175 per player.
 - **Staff:** Academy directors Steve Frederick (Boys) and Olly Frick. (Girls)
 - **To register:** Selected players will receive an invitation letter in the mail. Registration instructions will be included.
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